



Treadmill Stress Testing & Stress Echocardiogram

Patient Preparation:

1. Do not take medications on the day of the procedure unless instructed to. Please bring any inhalers that you use with you.
2. Wear comfortable clothing, particularly walking shoes, if you are scheduled for a stress test or stress echocardiogram. Wearing a button up or loose fitting shirt is preferred for patient comfort.
3. Please do not wear perfume, cologne or lotion of any kind.
4. If you are scheduled for a stress examination, please hold the following medications 48 hours prior to the scheduled test: *Tenormin, Atenolol, Lopressor, Metoprolol, Kerlone, Betapace, Sectral, Inderal, Propranolol and Toprol*. Please hold all beta blockers.
5. 24 hours notice is required if you choose to cancel this scheduled procedure to avoid charges to your account for unused pharmaceuticals.
6. During the examination the patient only will be brought back to our examination rooms. Family members are welcome to wait in our main lobby waiting area.